ZenFocus

ANY EXAM, PROJECT OR COURSE

Exam countdown

From _____ Name _____

EXAMS AND DEADLINES

SUBJECT OR PROJECT	DATE	CONFIDENCE
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High
Subject or project	Date	◯ Low ◯ Med ◯ High

EIGHT WEEKS — ONE BOX A DAY

	MON	TUE	WED	THU	FRI	SAT	SUN
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Week 6							
Week 7							
Week 8							

Write any exam, project or course in the rows. Rest days are fine.